

# Sensory Processing with GriffinOT

GriffinOT's sensory training aims to teach you how you can support individuals who experience sensory processing differences.

## 1. About our online sensory training

**Level 1** of our training teaches you about the senses and introduces sensory processing.

**Level 2** explains what sensory processing differences might look like at school and home. It explores how you can use sensory strategies to help individuals and guidance for goal setting and safe use of sensory strategies. There is a bonus section on autism.

**Level 3** explores sensory processing and dyspraxia in much more depth. It explains when and why you might use specific sensory strategies, supports or equipment. The complete training is designed to help improve your knowledge and confidence when supporting individuals who experience sensory processing differences.

## 2. Who is it for?

- ✓ SENCOs
- ✓ Teachers
- ✓ Teaching Assistants
- ✓ Specialist Schools
- ✓ Mainstream Schools
- ✓ Parents

## 3. Meet your trainer

**Kim Griffin** is a registered occupational therapist with over 15 years' experience supporting children with additional needs in schools and training educators.



## 4. Pricing April 2020

### Individual Pricing

Level 1	Free
Level 2	£36
Levels 2&3	£45

### School Pricing

5 Staff	£175
10 Staff	£300
Additional staff*	£10 pp

All prices include 12 months' access to content. \*Billed on the same invoice as first 10

**Further discounts available for Multi-Academy Trusts, Teaching School Alliances, Teaching Hubs, or LEAs purchasing for more than five schools on the same invoice.**

[Find Out More](#)

[Request an Invoice](#)

# 5. What's in each Level?

*"I loved this course. I work in a mainstream school and often feel worried that I am not supporting my SEN children enough. This has given me more confidence in how to better support my WHOLE class!"*  
-Teacher, UK

## Level 1 Content

**1 Hour/No CPD certificate**

- ✓ A Short History of Sensory Integration
- ✓ Sensory Input
- ✓ Initial Senses
- ✓ Touch Sense
- ✓ Proprioception
- ✓ Vestibular Sense
- ✓ Interoception
- ✓ Introduction to Sensory Modulation
- ✓ Introduction to Dyspraxia and Posture

## Level 2 Content

**2 Hours/Includes CPD certificate**

- ✓ Sensory Modulation Explored
- ✓ Sensory Modulation Sub-Types
- ✓ Arousal
- ✓ How to Help – Introduction
- ✓ How to Help – Safety Precautions
- ✓ How to Help – Setting Goals
- ✓ Helping Sensory Sensitivity
- ✓ Helping Slow & Seeking
- ✓ Introduction to Autism
- ✓ Autism & Sensory Processing
- ✓ Autism Considerations
- ✓ Sensory Stims

## Level 3 Content

**2 Hours/Includes CPD certificate**

- ✓ Sensory Discrimination
- ✓ Dyspraxia Explored
- ✓ Praxis How to Help
- ✓ Postural Control Explored
- ✓ Posture How to Help
- ✓ Sensory Sensitive Traits
- ✓ Helping Sensory Sensitivity
- ✓ Sensory Slow Traits
- ✓ Sensory Seeking Traits
- ✓ Helping Slow & Seeking
- ✓ Neurology
- ✓ Emotional Regulation
- ✓ Case Studies - School & Home

## Level 3 Strategies

**2 Hours**

- ✓ Shut Down
- ✓ Brushing, Massage & Touch Pressure
- ✓ Heavy Work
- ✓ Sensory Diets & Sensory Circuits
- ✓ Calm Spaces
- ✓ Sensory Rooms & Soft Play
- ✓ Noise & Touch Sensitivity
- ✓ Messy Play
- ✓ Chewing
- ✓ Weighted Products
- ✓ Hug T-shirts & Squeeze Vests
- ✓ Vibration
- ✓ Sensory Seating
- ✓ Self-care & Food Fussiness