

Online OT Support and Staff CPD

At Griffin OT, we are acutely aware of how hard it is for schools to access occupational therapy support. This is why we have taken our expertise online.

Our Aim

GriffinOT aims to provide immediate access to **affordable** occupational therapy expertise. We provide **online training** and resources to **help education staff** understand how they can support students with additional needs in the classroom. This includes students with **sensory processing** differences, **motor skill** delays, autism and ADHD.



Convenient



Affordable



High Quality

Who Benefits

- ✓ SENCOs
- ✓ Teachers
- ✓ Teaching assistants
- ✓ Specialist schools
- ✓ Mainstream schools
- ✓ ARPs and PRUs
- ✓ MATs and LEAs

Meet Your Trainer

Kim Griffin is a registered occupational therapist with over 15 years' experience supporting children with additional needs in schools and training educators.



87% of participants would highly recommend our training to other educators

Sensory Processing Disorder (SPD) Training

The SPD training aims to increase the knowledge and confidence of educators helping children who experience sensory differences. We describe how sensory differences present in the classroom and explain how to use sensory strategies correctly. It's helpful for staff supporting children with autism, dyspraxia and ADHD. [Learn more.....](#)



"This Sensory Processing Disorder course is perfectly pitched: it deals with very complex concepts in a clear, direct way which is accessible to all. I will be adding the course to my team's CPD. Many thanks to GriffinOT."

-SENCO, UK

What's Included?

- ✓ 8 hours of learning
- ✓ 12 months' access
- ✓ Understand all 8 senses
- ✓ Identify sensory differences
- ✓ Support postural control
- ✓ Advice for dyspraxia
- ✓ Support Sensitivity
- ✓ Help sensory seekers
- ✓ Sensory diets and circuits
- ✓ Monitor outcomes



Sensory Course Pricing

Individual	£50
Five (5) staff	£225
Ten (10) staff	£350*
Sensory & fine motor (10 staff)	£500*

*Additional staff £10 per person

"I loved this course. I work in a mainstream school and often feel worried that I am not supporting my SEN children enough. This has given me more confidence in how to better support my WHOLE class."

-Teacher
UK

[Find out more](#)

[Request an invoice](#)

Sensory Aware: What's in Each Level?

"I loved this course. I work in a mainstream school and often feel worried that I am not supporting my SEN children enough. This has given me more confidence in how to better support my WHOLE class!"
-Teacher, UK

Level 1 Content

1 Hour/No CPD certificate

- ✓ A Short History of Sensory Integration
- ✓ Sensory Input
- ✓ Initial Senses
- ✓ Touch Sense
- ✓ Proprioception
- ✓ Vestibular Sense
- ✓ Interoception
- ✓ Introduction to Sensory Modulation
- ✓ Introduction to Dyspraxia and Posture

Level 2 Content

2 Hours/Includes CPD certificate

- ✓ Sensory Modulation Explored
- ✓ Sensory Modulation Sub-Types
- ✓ Arousal
- ✓ How to Help – Introduction
- ✓ How to Help – Safety Precautions
- ✓ How to Help – Setting Goals
- ✓ Helping Sensory Sensitivity
- ✓ Helping Slow & Seeking
- ✓ Introduction to Autism
- ✓ Autism & Sensory Processing
- ✓ Autism Considerations
- ✓ Sensory Stims

Level 3 Content

2 Hours/Includes CPD certificate

- ✓ Sensory Discrimination
- ✓ Dyspraxia Explored
- ✓ Praxis How to Help
- ✓ Postural Control Explored
- ✓ Posture How to Help
- ✓ Sensory Sensitive Traits
- ✓ Helping Sensory Sensitivity
- ✓ Sensory Slow Traits
- ✓ Sensory Seeking Traits
- ✓ Helping Slow & Seeking
- ✓ Neurology
- ✓ Emotional Regulation
- ✓ Case Studies - School & Home

Level 3 Strategies

2 Hours

- ✓ Shut Down
- ✓ Brushing, Massage & Touch Pressure
- ✓ Heavy Work
- ✓ Sensory Diets & Sensory Circuits
- ✓ Calm Spaces
- ✓ Sensory Rooms & Soft Play
- ✓ Noise & Touch Sensitivity
- ✓ Messy Play
- ✓ Chewing
- ✓ Weighted Products
- ✓ Hug T-shirts & Squeeze Vests
- ✓ Vibration
- ✓ Sensory Seating
- ✓ Self-care & Food Fussiness

Fine Motor Skills (FMS) Programme

The FMS programme is designed to help educators supporting children who have immature fine motor skills. We explain how fine motor skills develop and explore specific tips designed to help children with their pencil grasp, pencil control and scissor skills. It includes a structured activity programme with video demonstrations of 120 activities. [Learn more.....](#)



"The fine motor skills training has increased my knowledge and helped me to notice immature grasps. It has introduced me to a range of new activities I can use and given me the confidence to know how I can progress children's skills."

-Teaching Assistant, UK

What's Included?

- ✓ 28 education videos
- ✓ 160+ sequenced activities
- ✓ 400+ worksheets
- ✓ Clear targets
- ✓ 12 months' access
- ✓ Posture development
- ✓ Write Rules (next page)
- ✓ Support pencil grasp
- ✓ Support pencil control
- ✓ Pre-writing skills
- ✓ Scissor skills
- ✓ Left handedness Bilateral
- ✓ integration
- ✓ In hand manipulation
- ✓ Buttons and zips

Fine Motor Pricing

Individual	£25
Ten (10) staff	£200
Sensory & fine motor (10 staff)	£500*
Pricing includes Write Rules handwriting	
*Additional staff £10 per person	

"Many children in need of help face long waits and are sometimes not eligible for services. I created GriffinOT's online courses to ensure that all children have immediate access to high quality occupational therapy expertise."

-Kim Griffin, Founder GriffinOT

[Find out more](#)

[Request an invoice](#)

Write Rules



Let your children dance, sing, and move their way to becoming competent hand writers.

Write Rules includes all the skills children need to learn to be successful writers. It is a **complete resource** you can **use immediately** with your class to teach handwriting. We have **designed your lessons, created your resources and worksheets**. All you need to do is schedule lesson times onto your weekly planner. It is a **quick and easy handwriting solution**, which is also a lot of **fun**.

Write Rules is a comprehensive programme designed to make learning handwriting fun and easy



“ The children love the songs! They sing them whilst they are writing to make sure their letters are correct. ”

Teacher, UK

“ So excited to get started with children! Literally is exactly what I've been looking for and needing for so long! ”

SENCO, UK

Songs



Fine motor skills



Whole body moves



Staff training



Worksheets



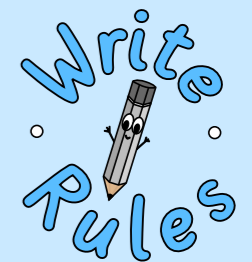
Included with FMSP

See Write Rules in action



Occupational therapists are often asked to help children's handwriting. Common errors include poor formations, spacing or sizing and letter reversals. Write Rules aims to prevent these errors by teaching children correct letter patterns and 'rules' right from the start.

- Kim Griffin, Occupational Therapist



Testimonials

"This is an excellent course that will help anyone working with young people, whether they are identified as having additional needs or not. The course is suitable for everyone in education, including Teaching Assistants, SEN Teachers and SENCOs. It helps adults to consider additional factors that may have an impact on the way young people present themselves, and provides strategies to support them."

-SENCO, England

"All staff working in an education setting should do this sensory course; it is insightful and grounded in the reality of what our learners feel and experience. The links to ASC are particularly helpful."

-SENCO, England

"Amazing course! Would definitely recommend to anyone working with SEND!"

-HLTA, United Kingdom

"Extremely beneficial to identify those with sensory processing disorders, giving you the tools and strategies to support children."

-Deputy and Class Teacher, England

"An indepth and informative course that has given me a lot more confidence to support children with sensory processing difficulties."

-Primary Class Teacher, Nottinghamshire