GriffinOT Fine Motor Skill Development Programme

Choosing the right level for your child

At GriffinOT we know that parents and educators want to help children as much as they can. We also know that if children are given activities that are too difficult, they won't be able to do their best. This chart has been developed to help adults decide the best starting point in our programmes for each child.

Please begin in section A and go through the questions in order. Before moving to the next section you must be able to answer 'YES' for all of the questions the current section. If you think 'sometimes,' or 'maybe,' rather than 'YES' for any question, please treat that as a 'NO.' Starting at the right level for a child is the best way to help improve their skills and confidence.

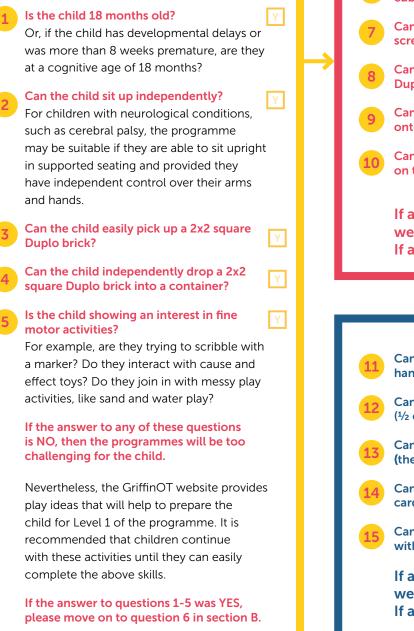
If you aren't sure what some of the questions mean, please watch the videos that follow. We have not included demonstrations for personal independence skills.

If you are not currently in the in the 'Where to do I start?' course, please visit our website www.GriffinOT.com/FMSP. Here you will find more information.

Remember, there are videos demonstrating the activities marked with an asterisk*.

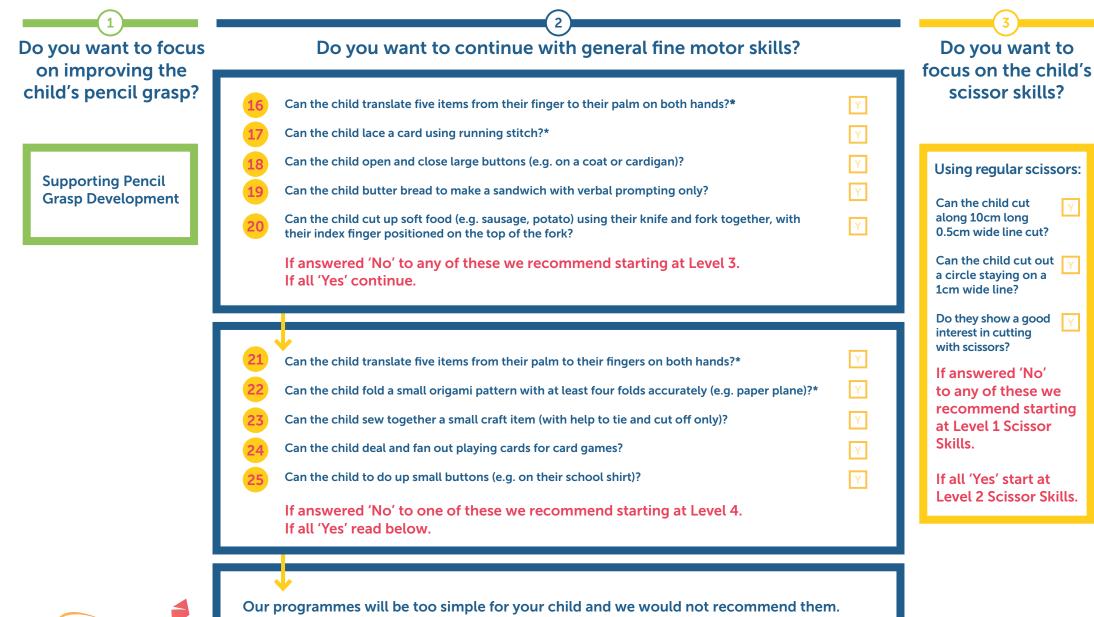


Begin here:



Can the child stack three wooden 2cm 6 cubes? Can the child twist a large nut and bolt, or screw cap bottle at least two turns?* Can the child put two pieces of **Duplo together?** Can the child thread a large (2cm) bead onto a string? Can the child pull up and down the zipper on their coat and/or trousers/shorts? If answered 'No' to one of these we recommend starting at Level 1. If all 'Yes' continue to section C. Can the child trace around their own hand using a marker? Can the child thread ten small (1/2 cm) beads? Can the child fold a piece of paper in half? (the edges don't need to be aligned) Can the child cut a piece of 10cm wide card/paper in half? Can the child pour themselves a drink without spilling? If answered 'No' to one of these we recommend starting at Level 2. If all 'Yes' continue to section D.

YOU NOW HAVE 3 OPTIONS



You can visit our website for further ideas on developing fine motor skills, but it is likely

your child doesn't need extra support with developing their fine motor skills.